

No Song Like Your Own



Women's Retreat: March 3-5, 2023
Notre Dame Spirituality Center, Ipswich MA



Each of us has a song to sing, a purpose to fulfill, a legacy to leave.

How exciting and exhilarating is that!

*This retreat leads women in an affirming exploration of self-discovery
with the intention of claiming one's very own song.*

Testimonials . . .

- ~Empowering, centering, honest & wonderful. The retreat was exactly what I had been praying for!
- ~A great bonding experience. There are times women just need other women to share & affirm their beliefs.
- ~The retreat exceeded my expectations! I have recommended it to every friend I have.
- ~We need to take time out for ourselves & listen to our inner voice. I leave the retreat knowing what my song is.



Peggy Patenaude has worked for 50+ years in the fields of education, pastoral ministry, and spirituality, including prison work and ministry to women in recovery from prostitution and drugs. With her playful spirit, love of storytelling, gifts of creativity and faith, she continues to motivate and guide others in their life journeys. Founder of *Taking Time Out* in 2002, Peggy brings a great deal of insight and depth to her retreat work. After a long recovery from a Stem Cell Transplant, she is grateful to return to doing what she loves. www.timeoutretreats.com



StoweGood, an internationally acclaimed touring duo out of Nashville, TN, features Grammy-nominated **Karen Taylor Good** and hit songwriter **Stowe Dailey**. Creating personal transformation through music, these best-selling authors and speakers energize their audiences with powerful keynotes, concerts and workshops. **Stowe Dailey & Karen Taylor Good** – together, they are **StoweGood!** If you have never heard these amazing women sing, you are in for a delightful treat! www.stowegood.com

Fee: *Earlybird* \$355 through February 1st After February 1st, \$370 Fee includes 6 meals.

Accommodations: Private room. Limited to approximately 33 participants. 27 bedrooms have a private bath ~ first come-first served. The others have a shared/communal bathroom outside bedrooms.

Time: Retreat begins with supper Friday at 5:00 PM and ends Sunday at 1:00 PM after lunch.

Location: 30 Jeffreys Neck Rd, Ipswich, MA 01938 Info about Notre Dame: www.ndspiritualitycenter.org

Questions: Contact Peggy at 508-548-9149 or timeoutretreats@comcast.net.

Registration: Complete the form below and mail with a \$100 non-refundable deposit payable to:
Peggy Patenaude, 47 Overlook Circle, East Falmouth, MA 02536

NO SONG LIKE YOUR OWN

Name _____ E-mail _____

Postal Address _____
Street _____ Town/City _____ State _____ Zip _____

Telephone (home) _____ (cell) _____

Do you have any dietary or other special needs? _____

As time gets closer to the retreat, a letter of confirmation with final details will be sent by email.