

Living with Grace and Passion

A Seasonal Newsletter from Peggy Patenaude
Summer 2019

Coming Up

Peggy's Women's Retreats

A Guest House for the Soul With StoweGood

September 13-15, 2019
Marie Joseph Spiritual Center
Biddeford, Maine

Bless It All With StoweGood

January 17-19, 2020
Miramar Retreat Center
Duxbury, MA

My One Wild & Precious Life

April 17-19, 2020
Miramar Retreat Center
Duxbury, MA



For information & registration:
Contact Peggy at (508) 548-9149
or timeoutretreats@comcast.net

**For Peggy's complete calendar
and program descriptions visit**
www.timeoutretreats.com.

Peg's Ponderings: A Personal Reflection

As you may already know, Sacred Hearts Retreat Center in Wareham, MA will be closing its doors in July. The news brought a great deal of sadness to those affiliated with this beautiful property and welcoming center for spirituality. It has felt like home to many, including myself.

The first word that comes to mind when I think back on all the retreats I have facilitated over 11 years at Sacred Hearts is "joy." It has been a privilege to meet so many good and kind people. We got to know each other and enjoyed many laughs together. Also, many tears were shed in this Sacred Place.

The loving bonds that developed have deeply touched me. The authenticity and generosity of individuals has been inspiring. So many stories we have shared reflected our common life experiences, reminding us that we are never alone.

My time at Sacred Hearts has been like no other. How blessed and humbled I feel to have been part of this beautiful spiritual community. Know that you have made a big difference in my life and I am sincerely grateful. A hearty thanks goes out to Sr. Claire and Fr. Stan for allowing me to minister at Sacred Hearts. I will miss the staff and the hospitality that has been a hallmark.

"What will you do without Sacred Hearts?" I am frequently asked. First of all, I am not retiring, but will continue to offer my women's retreat weekends and also be open to invitations from various churches and groups. I do not plan to begin another monthly mini-retreat program, but I hope to periodically offer some day retreats. Whatever I eventually schedule will be on my website www.timeoutretreats.com.

It has been a very busy year and I need to take some time out to be quiet and still to listen to the voice within myself as well as to God's whisperings in my heart. I trust that I will be led where I need to go.

In closing, I want to acknowledge the sense of loss you may be feeling regarding Sacred Hearts. I do understand. However, I know that nothing stays the same and change is inevitable. Life is a mix of joy and sorrow, fullness and emptiness, peace and struggle – and we are challenged to bless it all.



Passing It On: Messages from Sr. Claire ~ Upcoming Closing Events

Closing Mass

To give thanks to God for 76 years of ministry and service, join us in an outdoor gratitude and farewell Eucharist on the Feast of the Sacred Heart, June 28 at 5:30 PM. A light meal will be served afterwards. Please call 508-295-0100 if you plan to attend the Mass.

Open House

On Saturday June 29 from 10:00 AM to 3:00 PM we will have an Open House. Refreshments will be served. Come for a last walk-through, reminisce and share stories.

Yard Sale

In July there will be the enormous task of emptying the entire facility. Everything must go. To that end we will have a gigantic indoor yard sale July 11-13 and July 15-17 from 10:00 AM-4:00 PM daily. Lots of treasures and bargains.

Recent Events *A sampling of 2019 winter and spring programs . . .*



"Lyrics of the Heart Retreats"

January 18-20
Miramar
Duxbury MA

April 26-28
Bon Secours
Marriottsville, MD



"Ash Wednesday Retreat"

March 6, Our Lady of the Cape
Brewster, MA



"Sophia's Circle"

May 24-26
St. Benedict Abbey
Benet Lake, WI

"St. Vincent de Paul"

May 11, St. Anthony's
East Falmouth, MA

The following photos were taken at various retreats held at Sacred Hearts Retreat Center in Wareham, MA.



"Future of the Church" **"Pray As You Can"**
March 13 April 10



"Sacred Threads"
Final mini-retreat
June 5



"Bless It All"
The final women's
weekend retreat
April 26-28



A Little Soul Food



*I said to the man
who stood
at the gate of the year:
"Give me a light
that I may tread safely
into the unknown."
And he replied:
"Go out into the darkness
and put your hand
into the hand of God.
That shall be to you
better than a light
and safer than
a known way."*

~ Minnie Louise Haskins

